

Women's College, Agartala

Department of Physical Education and Sports Science

A report of the activities and achievements of the Department of Physical Education and Sports.

The Department of Physical Education and Sports Science is one amongst the most vibrant departments of Women's College, Agartala. Its efficacy lies in its stringent efforts to bring several laurels to the college. The department strives to promote the cause of sports, in addition to nurturing the talent of acclaimed sportswomen. It also attempts to reach out to each member of the College, through specially designed activities and events for the teachers and students.

8th International Yoga Day was celebrated at Women's College, Agartala on Tuesday, June 21, 2022 with great zeal and enthusiasm. The students and teachers of the college performed Yoga, the ancient Indian practice to commemorate the significance of the day. Smt. Manidipa Debbarma, Principal, Women's College, Agartala lit the inaugural candle accompanied by other teachers of the college. This was followed by the welcome address by Sri Joydeep Talapatra, A/P & HOD in charge of the department of Physical Education. Thereafter, Smt. Sarbari Nath, Assoc/P cum Secretary to the Teachers' Council, spoke about the importance of Yoga in day-to-day life. In her presidential address, the Principal addressed and educated the gathering about the benefits of Yoga. She also praised and stressed on the initiative of Hon'ble Prime Minister of India, Shri. Narendra Modi towards Yoga and spreading its prevalence across the boundaries. Thereafter, a Yoga session was displayed by the students under the supervision of Dr. Kanta Deb, Physical Instructor of Physical Education of the college. The programme came to an end with the vote of thanks that was proposed by Dr. Khumtia Debbarma, CTO, NCC unit of the college.

National Sports Day was celebrated at Women's College, Agartala on 29th August 2022 at 9 am with great enthusiasm in the department of Physical Education. Smt. Manidipa Debbarma, Principal, Women's College, Agartala lit the inaugural lamp and inaugurated the celebration. Flowers were offered as a mark of respect to the portrait of Major Dhyan Chand Singh by the Principal as well as by other teachers and students of the college. This was followed by the welcome address by Sri Joydeep Talapatra, A/P & HOD in charge of the department of Physical Education who welcomed the gathering as well as spoke on the relevance of the day. Dr Kanta Deb, Physical Instructor of the department of Physical Education also spoke on the relevance of sports in daily life. After that, Smt. Sarbari Nath,

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Assoc/P cum Secretary to the Teachers' Council, spoke about the significance of Sports and commended on the initiative of the department for organising such a programme. In her presidential address, the Principal discussed about the benefits of Sports and the relevance of the day. Thereafter, a quiz session on Sports was conducted by Sri Joydeep Talapatra, A/P & HOD of the department. A short discussion on sports and physical fitness was also held. Sri Talapatra then highlighted about the various sports activities to be conducted throughout the year such as annual sports, inter-class matches, cross country run and exhibition match. After that, prizes were distributed to the winners of the quiz competition, to the outstanding NCC cadets, to the NSS volunteers and to the Group D Staff for his selfless dedication and contribution towards the department and the college. The programme came to an end with the vote of thanks proposed by the Head of the department of Physical Education, Sri Joydeep Talapatra.

Annual Sports Meet of Women's College, Agartala was successfully organised in the college playground with great enthusiasm on the 23rd of December 2022. Students as well as the staff of the college took part in the much-awaited gala event of the year that witnessed the participants competing in 25 events. The chief guest of the event was the Secretary, School Sports Board cum Joint Director, Sri Paimong Mog.

The inauguration programme set off at 9.30 am in the morning with the arrival of the guests who were received by the Principal of the college, Smt Manidipa Debbarma, who hoisted the college flag. This was followed by the national anthem and the display of March Past by the students. The organising secretary of the event, Sri Joydeep Talapatra delivered the welcome address and it was followed by the speech of Dr. Samhita Bhaumik, Secretary to the Teachers' Council. Then the chief guest of the day, Sri Paimong Mog, Secretary, School Sports Board cum Joint Director delivered his address wherein he stressed on the importance of sports in the holistic development of a student besides academics. After that Sri Mog declared the meet as opened and several balloons were released. Torch run was performed by the 6th semester students of Physical education department and the oath taking ceremony was undertaken. Thereafter the principal addressed the august gathering and commended the collective efforts of the staff and the students of the college in successfully organising such a gala event. Then the students marched out of the field and several performances like songs, dances and Yoga demonstration were performed by the students of various departments. This

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was followed by various track and field events along with the Prize distribution. The event ended with the Vote of thanks being proposed by Dr Kanta Deb, Physical Instructor of the department of Physical Education.



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মহিলা মহাবিদ্যালয়ের বার্ষিক ক্রীড়া আজ

ক্রীড়া প্রতিনিধি ঐতিহ্যবাহী মহিলা মহাবিদ্যালয়ের বার্ষিক ক্রীড়া প্রতিযোগিতা শুক্রবার। কলেজ প্রাঙ্গনে আজ সকালে অনুষ্ঠিত হবে ক্রীড়া প্রতিযোগিতা। মোট পাঁচশ টি ইভেন্টের খেলা হবে। এই ক্রীড়ানুষ্ঠানে প্রধান অধিষ্ঠিত হিসাবে উপস্থিত থাকবেন রাজ্য স্কুল স্পোর্টস বোর্ডের সচিব তথা যুগ্ম অধিকর্তা পাইমং মগ। অনুষ্ঠানে সভাপতিত্ব করবেন কলেজের প্রিন্সিপাল মানিদিপা দেববর্মা। এই ক্রীড়ানুষ্ঠানে সকলের উপস্থিতি কামনা করেন সহকারী অধ্যাপক তথা সাংগঠনিক সচিব জয়দীপ তালপত্র।

Submitted by

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